

# Lesson plan no. 1

**Class= 10**  
**Subject= social studies**

**date:**  
**Time:**

**Unit: Two**

**Topic: Sustainable Development**

## Specific Objective

After the completion of lesson students will be able to:

- State the meaning and objective of sustainable development.
- State the feature of sustainable development.

## Materials used

- Daily uses materials, picture related to the sustainable development, video clip

## Teaching Learning activities

Contain	procedure	Technique	Time	Interaction
Warm up	Setting the scene for lesson introducing the topic and content.	Showing a short video clip for motivation.	3 minutes	Teacher and students
Presentation	Teacher present the picture related to the sustainable development on a PPT format and students observe carefully	Visual/aids, electing monitoring the students to give their opinion and comment.	7 minutes	Teacher-students, students -students
Textual conversation	Teacher present and explain the meaning and objective of sustainable development in textual form.	Listening, reading, observing, writing, making conclusion	15 minutes	Teacher–students, students -students
Video conversation	Students listening ,watching the video conversation about the sustainable development	Providing observing and thinking time, sharing the opinion.	10 minutes	Teacher–students, students –students
Participation	Students participated in group discussion, about content	Group dividing, giving one topic to each group, Questioning and Re-questioning, encouraging to participate	10 minutes	Teacher–students, students –students

## Evaluation

Following procedure will be conduct to evaluate the achievement.

- Observing the participation in group work.
- Classroom activities.
- Asking questions.

**Home assignment**

- Write the meaning and objective of sustainable development.
- What are the features of sustainable development?

## Lesson plan no. 2

**Class= 10**  
**Subject= social studies**

**date:**  
**Time:**

**Unit: 3**

**Topic: Social bad customs**

### Specific Objective

After the completion of lesson students will be able to:

- Explain the social bad customs practice in Nepal.
- State the measures to solve the social bad customs.

### Materials used

- Daily uses materials, set of picture to show the condition of bad custom, video clip related to the bad custom.

### Teaching Learning activities

Contain	procedure	Technique	Time	Interaction
Warm up	Setting the scene for lesson introducing the topic and content.	Showing the picture for motivation.	3 minutes	Teacher and students
Presentation	Teacher present the picture related to the Ghumto pratha, chhaupadi pratha, deuki jhuma pratha on a PPT format and students observe carefully.	Monitoring the students to give their opinion and comment.	7 minutes	Teacher-students, students - students
Video conversation	Students listening ,watching the video conversation about the Ghumto pratha, chhaupadi pratha, deuki jhuma pratha etc.	Providing listening and thinking time, sharing the opinion.	10minutes	Teacher-students, students - students
Participation	Students participated in group discussion, about the measures to solve the social bad customs.	Group dividing, giving one topic to each group for discussion.	15 minutes	Teacher-students, students - students
Question-Answer	After the group discussion asking question content	Questioning and Re-questioning, encouraging	15 minutes	Teacher-students, students - students

### Evaluation

Following procedure will be conduct to evaluate the achievement.

- Observing the participation in group work.
- Classroom activities.
- Asking questions.

**Home assignment**

- Give the short introduction of bad customs which practice in your society.
- What are the measures to solve the bad custom from society?

**Class= 10**  
**Subject= social studies**

**date:**  
**Time:**

**Unit: 4**

**Topic: domestic violence and untouchability**

**Specific Objective**

After the completion of lesson students will be able to:

- Explain the effect and measure to controlling domestic violence and untouchability.

**Materials used**

- Daily uses materials, set of picture to show the condition of domestic violence and untouchability, video clip of drama.

**Teaching Learning activities**

Contain	procedure	Technique	Time	Interaction
Warm up	Setting the scene for lesson introducing the topic and content.	Telling a short story	3 minutes	Teacher and students
Interaction	Conduct classroom interaction program focus the topic of effect of domestic violence and untouchability lesson.	Providing listening and thinking time, sharing the opinion. Visual/aids, electing monitoring the students to give their opinion and comment.	10 minutes	Teacher-students, students - students
Video conversation	Students listening ,watching the drama about the domestic violence	Providing observing time and thinking time, sharing the opinion and experiences.	7minutes	Teacher-students, students – students
Participation	Students participated in group discussion, about the measures to solve the domestic violence and untouchability.	Group dividing, giving one topic to each group for discussion.	15 minutes	Teacher-students, students - students
Question-Answer	After the group discussion asking question content	Questioning and Re-questioning, encouraging	10 minutes	Teacher-students, students - students

**Evaluation**

Following procedure will be conduct to evaluate the achievement.

- Observing the participation in group work.
- Classroom activities.
- Asking questions.

**Home assignment**

- List the effect of domestic violence and untouchability.
- What are the measure to controlling domestic violence and untouchability?

**Class= 10**  
**Subject= social studies**

**date:**  
**Time:**

**Unit: 4**

**Topic: International organizations**

### **Specific Objective**

After the completion of lesson students will be able to:

- Explain the roles of different international organizations solving the social problems and evils.

### **Materials used**

- Daily uses materials, set of picture of founders of international organizations, logos of international organizations.

### **Teaching Learning activities**

Contain	procedure	Technique	Time	Interaction
Warm up	Setting the scene for lesson introducing the topic and content.	Showing a short video clip	3 minutes	Teacher and students
Interaction	Conduct classroom interaction program focus the topic of Red cross, scout, SOS	Monitoring the students to give their opinion and comment.	10 minutes	Teacher-students, students - students
Video conversation	Presenting a video clip about the activities of red cross, Scout, SOS	Providing observing time and thinking time, sharing the opinion and experiences	7minutes	Teacher-students, students - students
Participation	Students participated in group discussion, about the activities of such organizations in Nepal.	Group dividing, giving one topic to each group for discussion.	15 minutes	Teacher-students, students - students
Question-Answer	After the group discussion asking question content	Questioning and Re-questioning, encouraging	10 minutes	Teacher-students, students - students

### **Evaluation**

Following procedure will be conduct to evaluate the achievement.

- Observing the participation in group work.
- Classroom activities.
- Asking questions.

**Home assignment**

- Prepare a model of news highlighting the activities of Red Cross in Nepal.
- Search the other international organizations working in Nepal and write their contributions.

**Class= 10**  
**Subject= social studies**

**date:**  
**Time:**

**Unit: 4**

**Topic: Identification of social problems: Way and skill to solve them**

**Specific Objective**

After the completion of lesson students will be able to:

- Identify the problems of society and can search the solution of problems and apply.

**Materials used**

- Daily uses materials, picture related to the social problems, a documentary.

**Teaching Learning activities**

Contain	procedure	Technique	Time	Interaction
Warm up	Setting the scene for lesson introducing the topic and content.	Showing a short video clip.	3 minutes	Teacher and students
Interaction	Conduct classroom interaction program about the social problems of society.	Monitoring the students to give their opinion and comment.	15 minutes	Teacher-students, students - students
Video conversation	Presenting documentary,	Providing observing time and thinking time, sharing the opinion and experiences	7minutes	Teacher-students, students – students
Participation	Students participated in group discussion	Group dividing, giving one problem to each group and say to search the possible alternative solutions to the problem.	20minutes	Teacher-students, students - students

**Evaluation**

Following procedure will be conduct to evaluate the achievement.

- Observing the participation in group work.
- Classroom activities.
- Asking questions.

### **Home assignement**

Read the following statement and give the answer of following questions.

- ❖ Ram and Sita were got marriage before five years ago; they have a four years child, recently Ram return from foreign employment. Now they have not good relation every day quarrel in their family, ram say, sita has illegal relation with another man.
  - What is the problem of above statement?
  - Write the alternative solutions of problem.
  - Write the advantage and disadvanted of each alternative.
  - Which is the appropriate alternative and why?

## Lesson plan no. 6

**Class= 10**  
**Subject= social studies**

**date:**  
**Time:**

**Unit: 5**

**Topic: Federal legislature**

**Specific Objective**

After the completion of lesson students will be able to:

- Explain the formation of federal legislature of Nepal.
- Explain the law formation process.

**Materials used**

- Daily uses materials, picture of election, picture of parliament meeting, video of law formation process, book of constitution.

**Teaching Learning activities**

Contain	procedure	Technique	Time	Interaction
Warm up	Setting the scene for lesson introducing the topic and content.	Showing the pictures related to content.	5 minutes	Teacher and students
Interaction	Conduct classroom interaction program about the election of federal parliament.	Monitoring the students to listen and give their opinion and comment.	10 minutes	Teacher-students, students - students
Video conversation	Presenting a video clip meeting of parliament.	Providing observing time and thinking time, sharing the opinion and experiences.	10minutes	Teacher-students, students – students
Textual conversation	Discussion about the law formation process.	Group division of students and giving the book of constitution and say to study text book.	10 minutes	students - students
Participation	Students present the conclusion of group discussion.	The group leader writes the conclusion in board and presents the conclusion of group discussion.	10minutes	Teacher-students, students - students

**Evaluation**

Following procedure will be conduct to evaluate the achievement.

- Observing the participation in group work.
- Classroom activities.
- Asking questions.

**Home assignement.**

- Write the formation process of federal legislature.
- Describe law formation process.

Lesson plan no. 7

**Class= 10**  
**Subject= social studies**

**Unit: 5**

**date:**  
**Time:**

## Topic: Federal executive

### Specific Objective

After the completion of lesson students will be able to:

- Explain the formation of federal executive of Nepal.
- Explain the function of executive.

### Materials used

- Daily uses materials, picture of election, picture of executive meeting, video of executive function, news paper and book of constitution.

### Teaching Learning activities

Contain	procedure	Technique	Time	Interaction
Warm up	Setting the scene for lesson introducing the topic and content.	Telling the news of news paper.	5 minutes	Teacher and students
Interaction	Conduct classroom interaction programme about the formation process of executive.	Monitoring the students to listen and give their opinion and comment.	10 minutes	Teacher-students, students - students
Video conversation	Presenting a video clip meeting of executive and it's decision.	Providing observing time and thinking time, sharing the opinion and experiences.	10minutes	Teacher-students, students - students
Textual conversation	Discussion about the function of executive.	Group division of students and giving the book of constitution and say to study text book.	10	students - students
Participation	Students present the conclusion of group discussion.	The group leader writes the conclusion in board and presents the conclusion of group discussion and other write.	10minutes	Teacher-students, students - students

### Evaluation

Following procedure will be conduct to evaluate the achievement.

- Observing the participation in group work.
- Classroom activities.
- Asking questions.

### Home assignment.

- Write the formation process of federal executive.
- Describe function of federal executive.

## Lesson plan no. 8

**Class= 10**  
**Subject= social studies**

**Unit: 5**

**date:**  
**Time:**

## Topic: political parties

### Specific Objective

After the completion of lesson students will be able to:

- Explain the constitutional provision of party registration in Nepal.
- Explain the role of political parties in democracy.

### Materials used

- Daily uses materials, picture of election, picture of rallies of political parties, video of mass movement, news paper and book of constitution.

### Teaching Learning activities

Contain	procedure	Technique	Time	Interaction
Warm up	Setting the scene for lesson introducing the topic and content.	By Telling the news of news paper.	5 minutes	Teacher and students
Interaction	Conduct classroom interaction programme about the role of political parties in democracy.	Invited the local political leaders as a resource person. Monitoring the students to listen and give their opinion and comment.	15 minutes	Resource person & students
Video conversation	Presenting a video clip rallies and mass movement.	Providing observing time and thinking time, sharing the opinion and experiences.	10minutes	Teacher & students, students & students
Participation	Discussion about the function of executive.	Group division of students and giving the book of constitution and say to study text book.	15 minutes	students - students

### Evaluation

Following procedure will be conduct to evaluate the achievement.

- Observing the participation in group work.
- Classroom activities.
- Asking questions.

### Home assignment.

- Write the constitutional provision of parties registration in Nepal.
- Describe the role of political parties in democracy.

## Lesson plan no. 9

**Class= 10**  
**Subject= social studies**

**Unit: 5**

**date:**  
**Time:**

## Topic: Election process

### Specific Objective

After the completion of lesson students will be able to:

- Explain the function of national election commission.
- Explain the election process in Nepal.

### Materials used

- Daily uses materials, picture of election, video of the election 2074, news paper, book of constitution model of voter identity card.

### Teaching Learning activities

Contain	procedure	Technique	Time	Interaction
Warm up	Setting the scene for lesson introducing the topic and content.	By Telling the news of news paper.	5 minutes	Teacher and students
Interaction	Conduct classroom interaction programme about the role of national election commission.	Monitoring the students to listen and give their opinion and comment.	15 minutes	Resource person & students
Video conversation	Presenting a video.	Providing observing time and thinking time, sharing the opinion and experiences.	10minutes	Teacher & students, students & students
Participation	Discussion about the function of executive.	Group division of students and giving the book of constitution and say to study text book.	15 minutes	students - students

### Evaluation

Following procedure will be conduct to evaluate the achievement.

- Observing the participation in group work.
- Classroom activities.
- Asking questions.

**Home assignement.**

- Describe the functions of election commission.

Lesson plan no. 10

**Class= 10**  
**Subject= social studies**

**Unit: 5**

**date:**  
**Time:**

## Topic: Human right

### Specific Objective

After the completion of lesson students will be able to:

- State the importance of human right.
- Recognize other organization and their contribution working in the field of human right.

### Materials used

- Daily uses materials, picture of Elenoanor roosevelt, documentary related to human right, news of human right, book of constitution picture of logo of NHRC, INSEC, AMNESTY International and video of their activities.

### Teaching Learning activities

Contain	procedure	Technique	Time	Interaction
Warm up	Setting the scene for lesson introducing the topic and content.	By showing logo of organizations.	5 minutes	Teacher and students
Interaction	Conduct classroom interaction programme about importance of human right.	Invited the human right activator as a resource person Monitoring the students to listen and give their opinion and comment.	10 minutes	Resource person & students
Video conversation	Presenting video of the activities of INSEC, AMNESTY International .	Providing observing time and thinking time, sharing the opinion and experiences.	120minutes	Teacher & students, students & students
Participation	Discussion about the contribution of NHRC, INSEC, AMNESTY International.	Group division of students and giving the book of constitution and say to study text book.	15 minutes	students - students

### Evaluation

Following procedure will be conduct to evaluate the achievement.

- Observing the participation in group work.
- Classroom activities.

- Asking questions.

**Home assignement.**

- Describe contribution of NHRC, INSEC, AMNESTY International to protect the human right.